GENERAL INFORMATION

Stay active, healthy, and engaged in your community by participating in our ongoing and onetime program offerings at Pelham Parks and Recreation. Unlimited fitness classes are included with the cost of a Rec Center membership. Non-members must pay a small fee for each class attended. Memberships are available to Pelham residents and Pelham business owners/employees over the age of 19.

MEMBERSHIP INFORMATION

Individual Membership | \$100/Year or \$10/Month

Must be a resident of Pelham and at least 19 years old.

Family Membership | \$200/Year or \$20/Month

Must be a resident of Pelham, immediate family, which consists of a couple and unmarried children under

Corporate Membership | \$200/Year/Individual

Must be employed with a business or organization in Pelham.

Silver Sneakers/Renew Active | FREE

Must present Silver Sneakers membership card or Renew Active activation code.

Prime Fitness Membership | FREE

Must present Prime membership card at registration. The program is provided at no cost by your employer

RESERVATION & RENTAL INFORMATION

Facility Use	Cost
Recreation Center*	\$2,540/Day
Gymnasium: 2 Regulation Courts*	\$200/Hour o
Gymnasium: 1 Regulation Court*	\$140/Hour or
Depot Conference Room	\$40/Hour
Multipurpose Room	\$75/Hour
Baseball/Softball Field Complex*	\$800/Day
Baseball/Softball Field (1)	\$80/2 Hours
Baseball/Softball Field (Fungo)	\$80/2 Hours
City Park Baseball or Volleyball Pavilion	Free 2 Hour

*Site supervisor required. NOTE: Credit card must be placed on file at the time of reservation.

or \$750/Day r \$500/Day

Reservation required

Deposit Info

\$625 due 60 days prior to event \$50 due 30 days prior to event \$50 due 30 days prior to event \$25 due 30 days prior to event \$25 due 30 days prior to event

\$200 due 30 days prior to event Reservation required

HOLIDAY HOURS & CLOSINGS

September 5	8:00 am - 4:00 pm
November 11	8:00 am - 4:00 pm
November 24	Closed
November 25	8:00 am - 4:00 pm
December 23	8:00 am - 4:00 pm
December 24	Closed
December 25	Closed
December 26	8:00 am - 4:00 pm
December 31	8:00 am - 4:00 pm

STAFF

Hal Brown, Interim Director hbrown@pelhamalabama.gov | 205.620.6426

Alicia Walters, Assistant Director awalters@pelhamalabama.gov | 205.621.4773

Kevin Tauber, Parks Supervisor ktauber@pelhamalabama.gov | 205.620.6523

Tabitha Dudley, Operations Supervisor tdudley@pelhamalabama.gov | 205.620.6486

Christian Holler, Recreation Coordinator - Athletics choller@pelhamalabama.gov | 205.620.6522

Charlie Sanders, Recreation Coordinator - Athletics csanders@pelhamalabama.gov | 205.623.5784

Jared Thornton, Recreation Coordinator - Athletics jthornton@pelhamalabama.gov | 205.620..6525

Kelsey Williams, Recreation Coordinator - Seniors kwilliams@pelhamalabama.gov | 205.620.6064



FACILITIES & PARKS

Recreation Center

Pelham Greenway Trail

City Park Complex

Senior Center

Dog Park

Carroll Park

Coker Park

Fun Go Holler Park

Creekview Neighborhood Park











Become a Youth Sports Coach

We're looking for volunteers for all youth sports with all levels of experience.

Head Coaches · Assistant Coaches Team Parents

Basketball Baseball Cheer Football

Flag Football Soccer T-ball Softball

Volleybal

For more information contact the Pelham Rec Center at 205.620.6426

YOUTH SPORTS

Youth Soccer Fall Clinics Date(s): September 20 & October 18

Time: Tuesday | 5:30pm-7:00pm Location: TBA Age: Entering grades 1 - 6 Cost: \$10 per clinic Online or in-person registration: August 23 - October 16

Boys Youth Basketball

Date(s): November - mid February Time: Any Day I 5:30pm, 6:30pm, & Location: Multiple gyms Age: Entering grades 3 - 6 Cost: \$135 Online or in-person registration: September 1 - October 16

Girls Youth Basketball

Date(s): November 1 - mid February Time: Any Day I Mornings & afternoons Location: Multiple gyms Age: Entering grades 3 - 6 Cost: \$135 Online or in-person registration: September 1 - October 16

Co-ed Youth Wrestling Date(s): November - February

Time: Mondays & Wednesdays 6:00pm-7:30pm Location: PHS Wrestling Room Age: Entering grades 1 - 6 Cost: \$299 (3 months) Online or in-person registration: August 1 - November 21



ONLINE REGISTRATION

Rev + Flow

Date(s): September 1 - December 29

Time: Tuesdays & Thursdays

8:45am - 9:45am

Cost: Free (members) | \$5/class

Online or in-person registration

opens one week prior to class.

Silver Sneakers/Renew

Date(s): September 7 - December 28

Online or in-person registration opens

NEW Silver Sneakers /

Date(s): September 12 - December 19

Online or in-person registration opens

Date(s): September 12 - December 26

Time: Monday | 5:30pm - 6:45pm

Cost: Free (members) | \$5/class

Online or in-person registration

Date(s): September 14 - December 28

Time: Wednesday I 6:00pm - 7:00pm

Cost: Free (members) | \$5/class

Online or in-person registration

opens one week prior to class.

Music in the Park

Time: Sunday I 4:30pm - 6:00pm

Behind the Rec Center

NEW Fall Fun at City Park

Date: October 9 16 23 30

Location: Pelham City Park

No registration required.

Date: October 30

Age: All ages

Cost: Free

SPECIAL EVENTS

opens one week prior to class

Time: Monday I 1:00pm - 2:00pm

Cost: Free (members) | \$5/class

Time: Wednesday | 1:00pm-2:00pm

Active Exercise Class

Cost: Free (members) I \$5/class

Location: Rec Center

Location: Rec Center

one week prior to class.

Renew Active Yoga

Location: Rec Center

one week prior to class.

Location: Rec Center

NEW Zumba

Location: Rec Center

Yoga 🐛

Age: 14+

Age: 14+

Age: 65+

Age: 65+

Age: 14+

www.pelhamalrecreation.gov

Coming Next Season

Spring T-Ball (Co-Ed) Date(s): February - May Time: Any Day I 6:00pm Location: Multiple Parks

Age: 4 (on or before April 30, 2023) Cost: \$100 Online or in-person registration:

September 1 - January 22

Spring Boys Youth Baseball Date(s): February - May

Time: Any Day I 6:00pm & later Location: Multiple Parks Age: 5 - 12 (on or before April 30, 2023) Cost: \$170

Online or in-person registration: September 1 - January 22

Spring Girls Youth Softball () Date(s): February - May

Time: Any Day I 6:00pm and later Location: Multiple parks Age: 5 - 12 (on or before December 31) Cost: \$170 Online or in-person registration:

Spring Co-ed Youth Soccer (3) Date(s): End of February - mid May

Time: Any Day I Time varies Location: Multiple parks Age: 4 - 11 (on or before January 1, 2023) Cost: 6U - 8U - \$105

9U - 11U - \$115 Online or in-person registration September 1 - January 22

September 1 - January 22

NEW Start Smart Soccer (Co-ed)

Date(s): April - May Time: Tuesday (8 weeks) 5:30pm-6:30pm Location: Fungo Holler Park Age: 3 - 5 Cost: \$60 Online or in-person registration: January 30 - March 10

Pelham Soccer is Growing!

Co-ed Soccer ages 4-7 U6 (age 4 & 5) U8 (age 6 & 7)

Girls & Boys Teams U9 (age 8) U10 (age 9) U11 (age 10)

U12 (age 11)

All teams have potential to be co-ed depending on registration numbers.

ALL age groups may be combined, if necessary. Some players will play up.

REGISTRATION ENDS JANUARY 22, 2023

ADULT SPORTS

Indoor Morning Pickleball 🤣

 Session 1: September 2 - October 31 · Session 2: November 2 - December 30

Time: Monday, Wednesday, & Friday 8:00am - 12:00nm Location: Rec Center Gvm Aae: 14+

Cost: Free (members) | \$15/session Online or in-person registration: August 22 - October 30 (Session 1) October 17 - December 30 (Session 2)

Indoor Evening Pickleball 🧐 Date(s):

Session 1: September 6 - October 25

 Session 2: November 1 - December 27 Time: Tuesday | 5:00pm - 8:30pm Location: Rec Center Gym Age: 14+

Cost: Free (members) | \$5/session Online or in-person registration: August 22 - October 25 (Session 1) October 17 - December 27 (Session 2)

Pickleball Clinic 🥨 Date(s): September 25 Time: Sunday

Beginner: 12:30pm - 2:00pm Adv. Beginner: 2:15pm - 3:45pm 3.0/3.5: 4:00pm - 5:45pm

Location: Rec Center Gym Age: 16+ Cost: \$18/persor Online or in-person registration: August 15 - September 23

FITNESS

Barre 🍧

Date(s): September 6 - December 27 Time: Tuesday I 5:30pm - 6:30pm Location: Rec Center Age: 14+ Cost: Free (members) | \$5/class

Online or in-person registration opens one week prior to class.

Body Sculpt 1

Date(s): September 3 - December 17 Time: Saturday | 8:30am - 9:30am Location: Rec Center Aae: 14+

Cost: Free (members) | \$5/class Online or in-person registration opens one week prior to class.

In-Trinity Warrior 1

Date(s): September 7 - December 28 Time: Wednesday | 5:30pm - 6:30pm Location: Rec Center Cost: Free (members) I \$5/class

Time: Sunday I 2:30pm - 4:15pm Location: Pelham City Park Age: All ages Cost: Free Online or in-person registration: Online or in-person registration September 15 - October 29 opens one week prior to class.

NEW 5K Race Seminars 🚶 Date(s)

 September 13 - Starting Safely & Choosing Footwear

· September 20 - Strength Training for Runners

· September 27 - The Psychology of

Time: Tuesday | 7:00pm - 7:45pm Location: Rec Center Aae: 10+ Cost: Free

Online or in-person registration: August 1 - September 11

NEW Zero-to-5K Training Date(s): September 20 - November 8

Time: Tuesday | 6:00pm - 7:00pm Location: Outdoor Volleyball Pavilion Cost: \$35 Online or in-person registration: August 1 - September 19

Pelham Parks & Recreation 5K presented by Maximum λ Physical Therapy

Date: November 12 Time: Saturday I 8:00am Location: Rec Center Pavilion Age: All ages Cost: \$25 (\$30 after October 10) Early registration: August 1 - October 10



NEW Elf Adventures Date: December 3 Time: Saturday I Time TBA Location: Pelham City Park Age: All ages Cost: Free Online or in-person registration:

October 24 - December 1

PelhamParksRec Pelham Parks & Recreation

Dance Classes for Children

Pelham Parks and Recreation has partnered with Tippi Toes® Dance Company to offer these fun and exciting classes for several ages. and skill levels

Toddler & Me

Date(s): September - Decembe Time: Saturday | 10:00am - 10:30am Location: Rec Center Aae: 18mo - 3vr Cost: \$55/month

Ballet, Tap, Jazz

Date(s): September - December Time: Saturday I 10:45am - 11:30am Location: Rec Center Age: 3 - 5 Cost: \$55/month

Hip-Hop

Date(s): September - December Time: Thursday I 4:30pm - 5:15pm Location: Rec Center Age: 6 - 12 Cost: \$65/month

Tippi Pro-Ballet & Jazz

Date(s): September - December Time: Thursday I 5:30pm - 6:15pm Location: Rec Center Age: 5 - 10 Cost: \$65/month

To register, please visit www.tippitoesdance.com/birmingham and click "enroll now."

QUESTIONS?

Contact Vallie at Tippi Toes vallie@tippitoesdance.com

ART. FAMILY. & LEISURE

NEW Self-Protection for Women & Teens

Date(s): September 18 Time: Sunday I 1:30pm - 5:30pm Location: Rec Center Age: 13+ Cost: \$20 Online or in-person registration:

August 15 - September 16

Pumpkin Painting in the Park Date(s): October 16

Time: Sunday | 2:00pm - 4:00pm (30 minute sessions) Location: Pelham City Park Age: 4 - 12

Cost: \$4/child Online or in-person registration: September 1 - October 14

Christmas Crafting for Little Ones Date(s): December 13

Location: Rec Center Aae: 3 - 5 Cost: \$5/child Online or in-person registration: September 1 - December 11

Time: Tuesday | 1:00pm - 2:00pm

Date(s): September 19 & November 21 Time: Monday | 1:00pm - 1:50pm Location: Senior Cente Age: 55+ Cost: Free Registration opens at the beginning of each month.

Registration opens at the beginning of

ACTIVE ADULTS

Registration at Senior Center

Crafting Together 🐝

November 14, & December 12

Location: Senior Center

Drumming 🥁

Age: 55+

each month

Cost: Prices vary

Time: Monday I 1:00pm - 2:30pm

Date(s): September 12, October 10,

Art & Leisure

Crochet (Date(s): September 2 - December 16

Time: 1st. 3rd. 5th Fridays 10:30am - 11:30am Location: Senior Center Age: 55+ Cost: Free Registration opens at the beginning of each month.

Cards, Games & More

Duplicate Bridge Date(s): September 5 - December 26 Time: Monday | 10:00am - 3:00pm Location: Senior Center Age: 55+

Cost: Free Weekly advance registration required

Cards & Games Date(s): September 1 - December 31 Time: Everyday | 9:00am - 3:30pm Location: Senior Center Age: 55+ Cost: Free

No registration required. Party Bridge

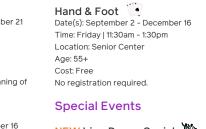
Date(s): September 7 - December 28 Time: Wednesday | 10:00am - 1:00pm Location: Senior Center Age: 55+ Cost: Free No registration required.

Mahjong Date(s): September 1 - December 15 Time: 1st & 3rd Thursdays

9:15am - 1:00pm Location: Senior Center Age: 55+ Cost: Free No registration required.



Explore Pelham to see what sets



NEW Line Dance Social Date(s): September 9 Time: Friday I 6:00pm - 8:00pm Location: Senior Center

Age: 55+ Cost: \$5 Online or in-person registration begins August 1.

NEW Elvis!

Date(s): September 13 Time: Tuesday I 9:15am - 11:15am Location: Pelham Civic Complex Age: 55+ Cost: \$5 A limited number of tickets will be pre-sold at the Pelham Senior Center beginning August 1.

Men's Breakfast Club

Date(s): September 19, October 17, November 21 Time: 3rd Mondays | 8:30am - 9:45am Location: Pelham Senior Center Aae: 55+ Cost: \$1 + purchase your breakfast Registration opens at the beginning

NEW Fall Festival

of each month

Date(s): October 28 Time: Friday I 1:00pm - 3:00pm Location: Senior Cente Age: 55+ Cost: Free Registration opens at the beginning of the month.

Education & Resources

M4A State Health Insurance Program (SHIP) Date(s): October 21 Time: Friday | 10:00am - 1:00pm Location: Senior Center Aae: 55+

Cost: Free Register not required but encouaraged

Fitness & Wellness Fitness Forward 🍧

Date(s): September 5 - December 12 Time: Mondays | 10:30am - 11:20am Location: Senior Center Age: 55+ Cost: \$2/class Register in-person on day of class.

Line Dancing (Intermediate) Date(s): September 6 - December 27 Time: Tuesday | 10:00am - 11:30am Location: Senior Center

Age: 55+ Cost: \$2/class Register in-person on day of class

Line Dancing (Improver) Date(s): September 6 - December 2

Time: Tuesday | 11:45am - 12:45pm Location: Senior Center Age: 55+ Cost: \$2/class Register in-person on day of class.

Line Dancing (Beginner) Date(s): September 6 - December 2

Time: Tuesday I 1:00pm - 2:00pm Location: Senior Center Age: 55+ Cost: \$2/class Register in-person on day of class

Gentle Yoga 👢

Date(s): September 7 - December 14 Time: Wednesday | 12:00pm - 1:00pm Location: Senior Center Age: 55+ Cost: \$2/class Register in-person on day of class.

Pelham Promenaders Date(s): September 7 - Decemb Time: 1st & 3rd Wednesdays

1:15pm - 3:15pm Location: Senior Center Age: 55+ Cost: \$2/class Register in-person on day of class.

Tai Chi

Date(s): September 2 - December 16 Time: Friday | 10:30am - 11:30am Location: Senior Center Age: 55+ Cost: Free Register in-person on day of class.



Pelham Senior Center



We proudly support the Americans with Disabilities Act and encourage participation by everyone. To request special accommodations in order to participate in our programs or use our recreation facilities, please call 205.620.6426.